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# FFR Clinical Trials and Applications: *Changing the Practice of PCI*

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# Disclosure Statement of Financial Interest

*Within the past 12 months, I or my spouse/partner have had a financial interest /arrangement or affiliation with the organization(s) listed below*

**Affiliation/Financial Relationship**

**Company**

**Grant/ Research Support:**

**St. Jude Medical**

**Consulting Fees/Honoraria:**

**Tryton Medical**

**Major Stock Shareholder/Equity Interest:**

**Royalty Income:**

**Ownership/Founder:**

**Salary:**

**Intellectual Property Rights:**

**Other Financial Benefit (minor stock options):**

**HeartFlow**



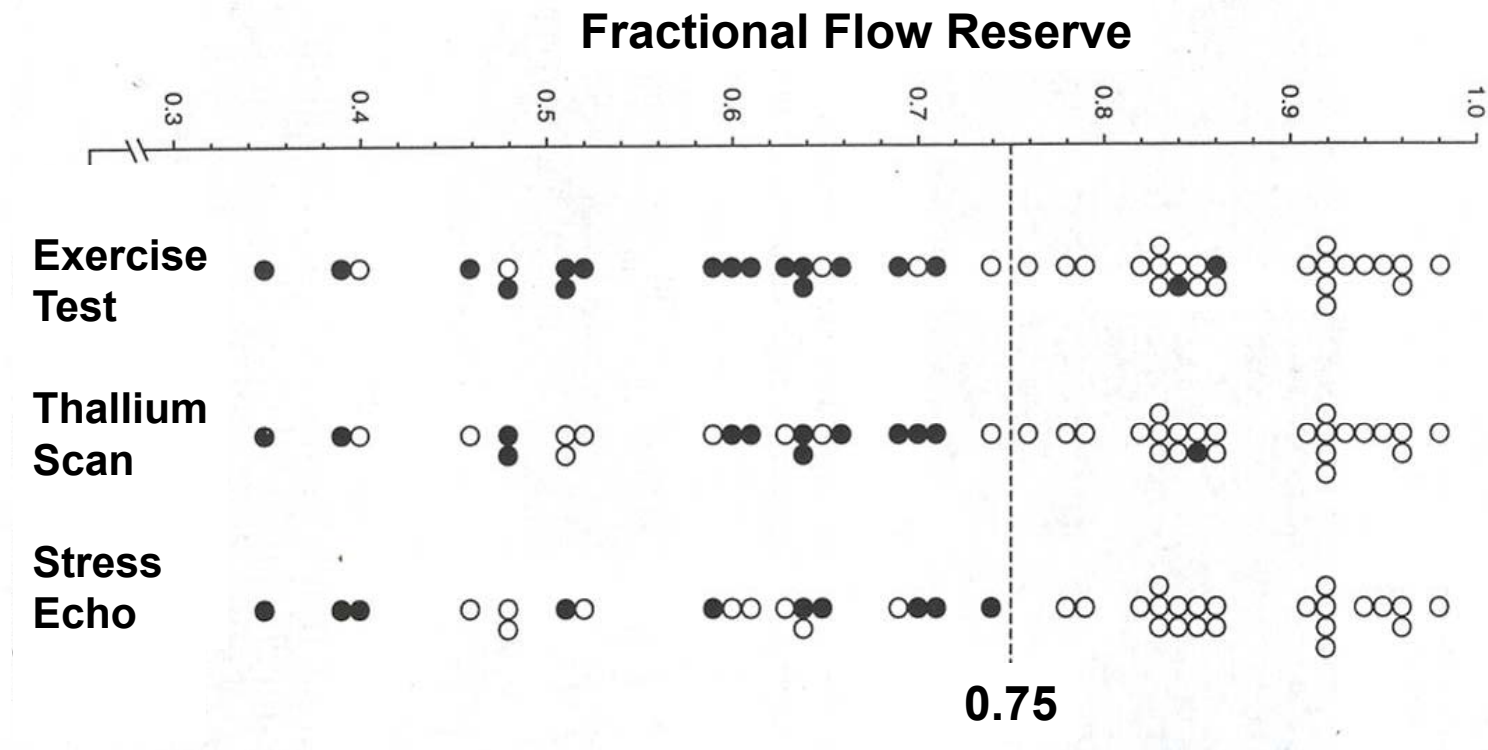
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# Overview:

- Validation and application of FFR in single vessel, intermediate CAD
- FFR in specific subsets:
  - Diffuse disease, tandem lesions
  - Bifurcation lesions
  - After myocardial infarction
- FFR in multivessel CAD
- Ongoing and future studies:
  - FAME 2
  - FAME 3



# Validation of FFR

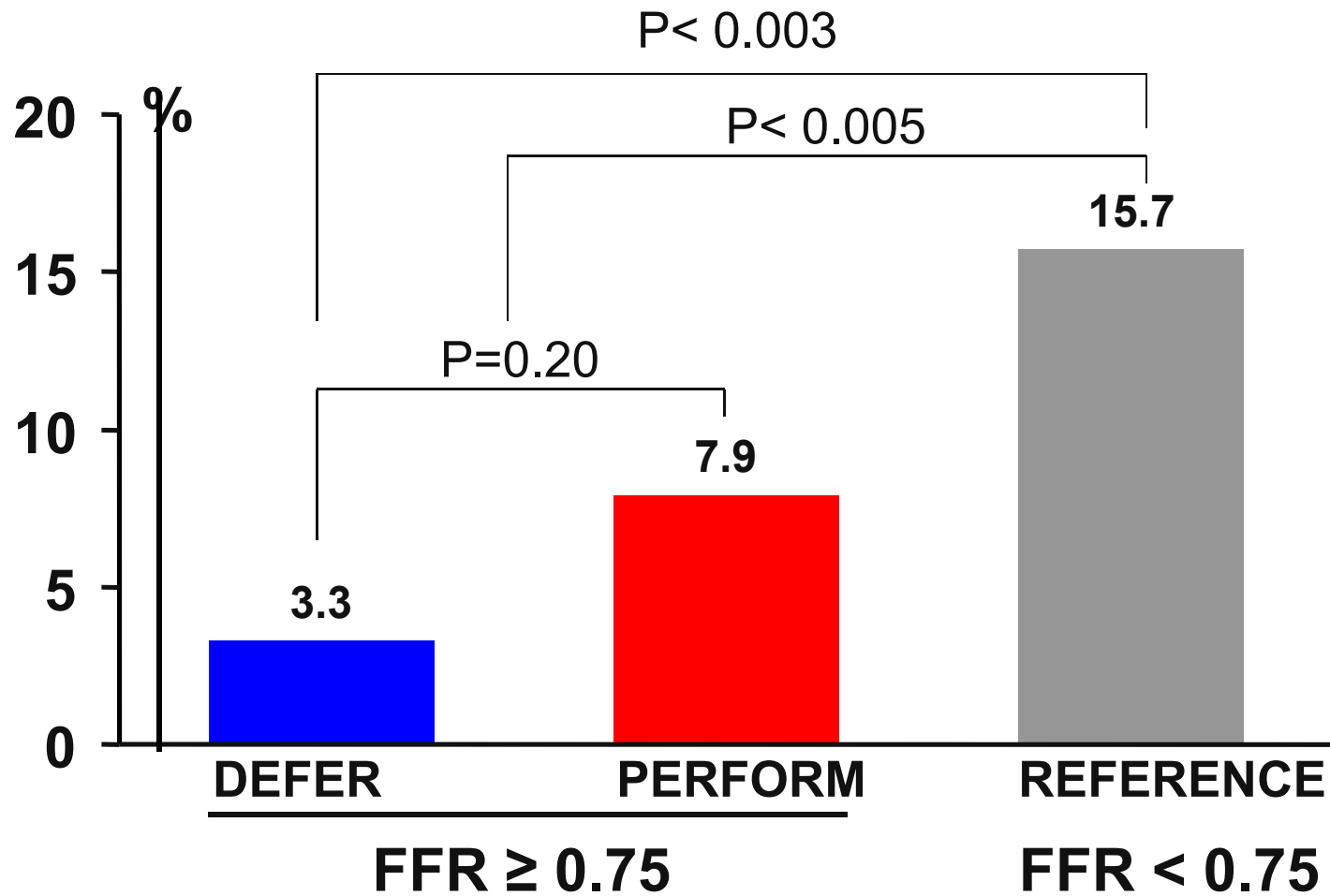


$FFR < 0.75$  : Sensitivity = 88%  
Specificity = 100%



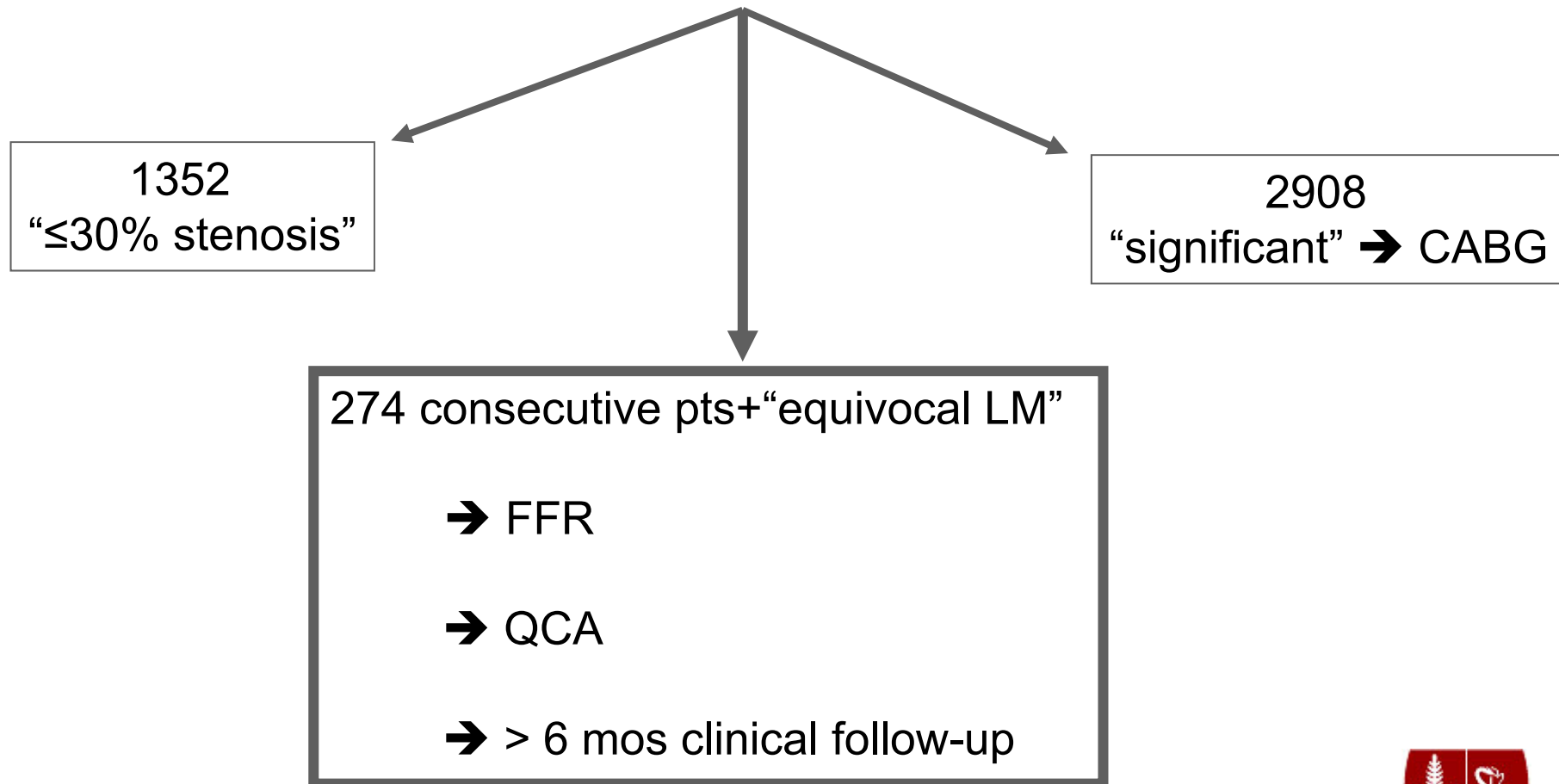
# Safety of Deferring PCI Based on FFR

## 5 Year Cardiac Death and Acute MI rate in DEFER trial



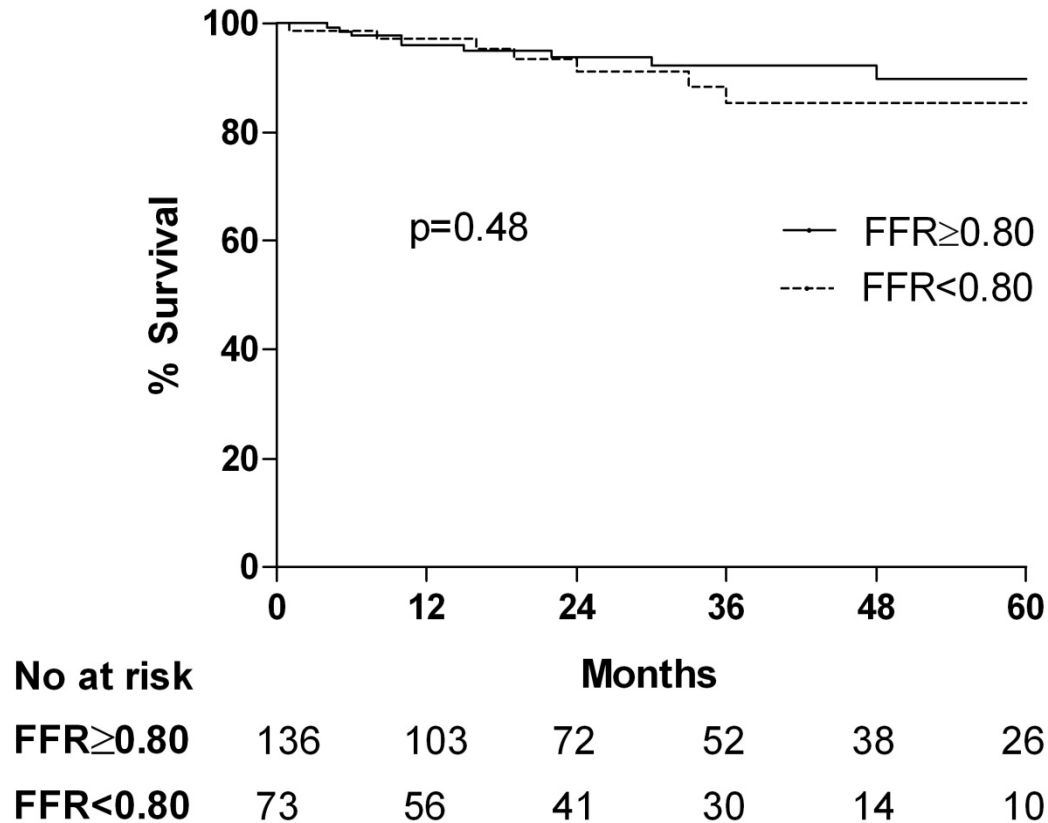
# FFR and Intermediate Left Main

4534 patients  
+ “some degree” of LM disease



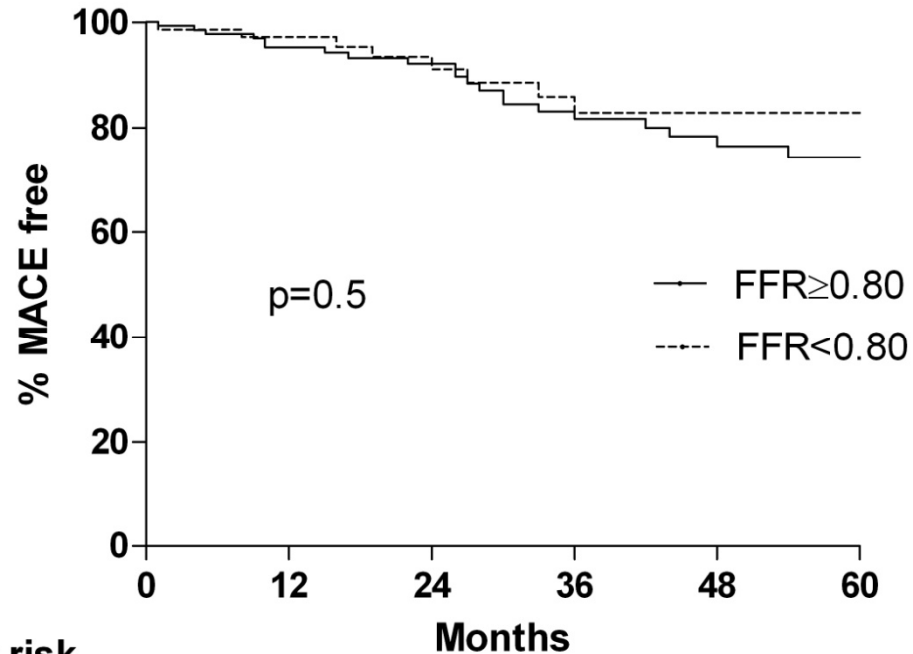
# FFR and Intermediate Left Main

## Survival Rate



# FFR and Intermediate Left Main

## *MACE Rate*



No at risk	Months					
FFR $\geq 0.80$	136	106	77	57	42	30
FFR $< 0.80$	73	56	40	29	15	10





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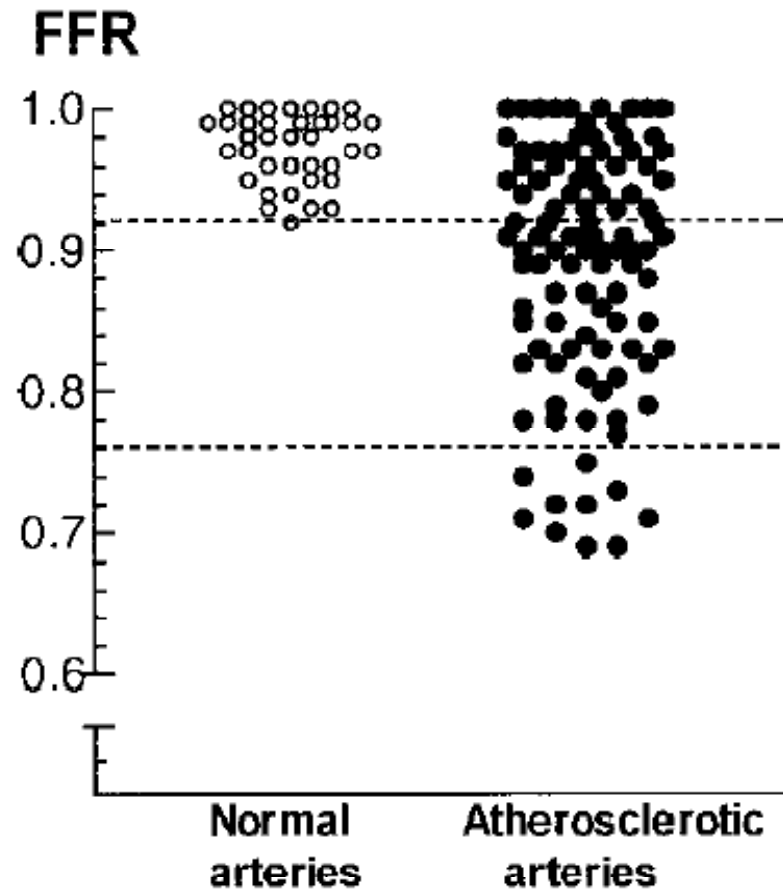
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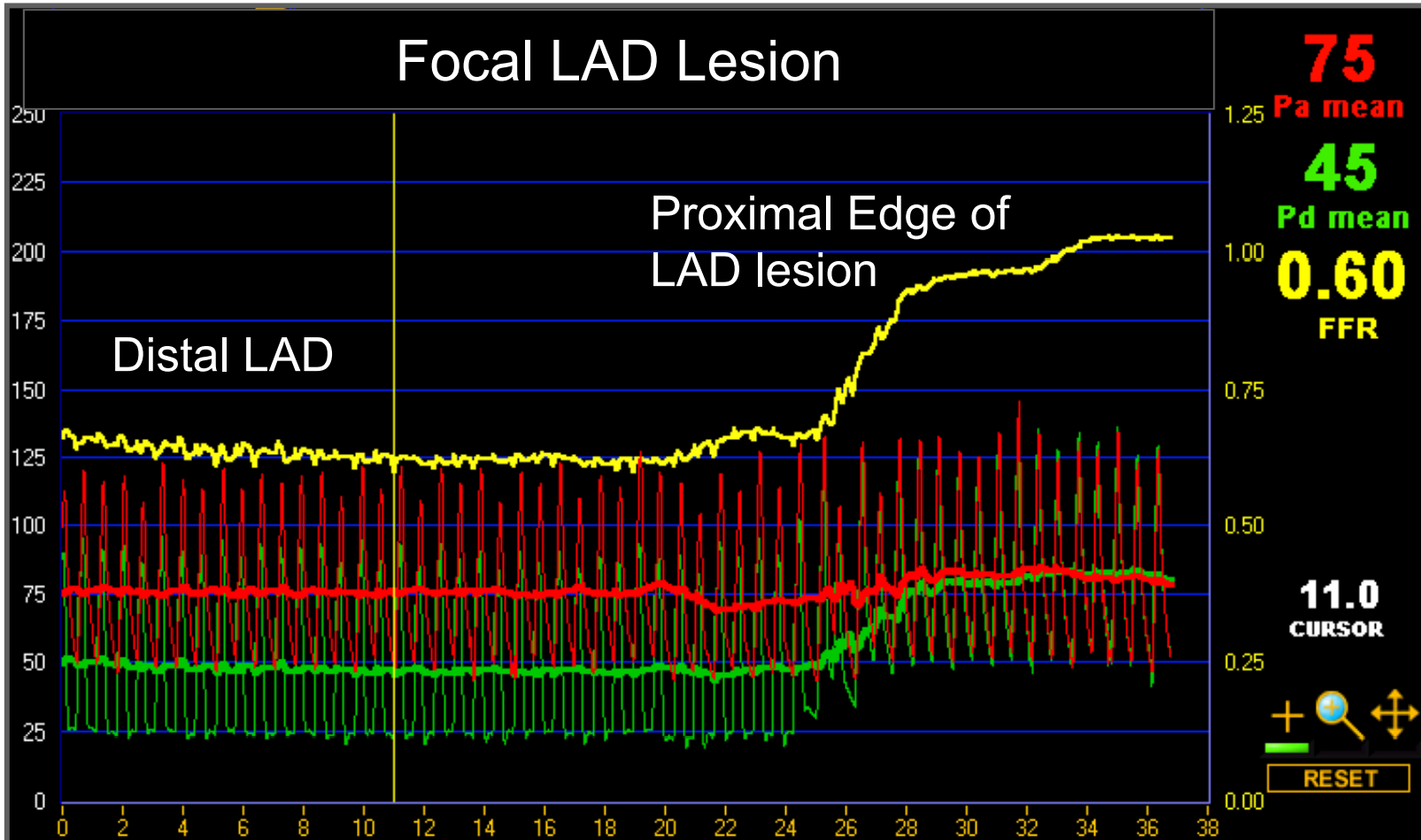


# FFR in Diffuse Disease

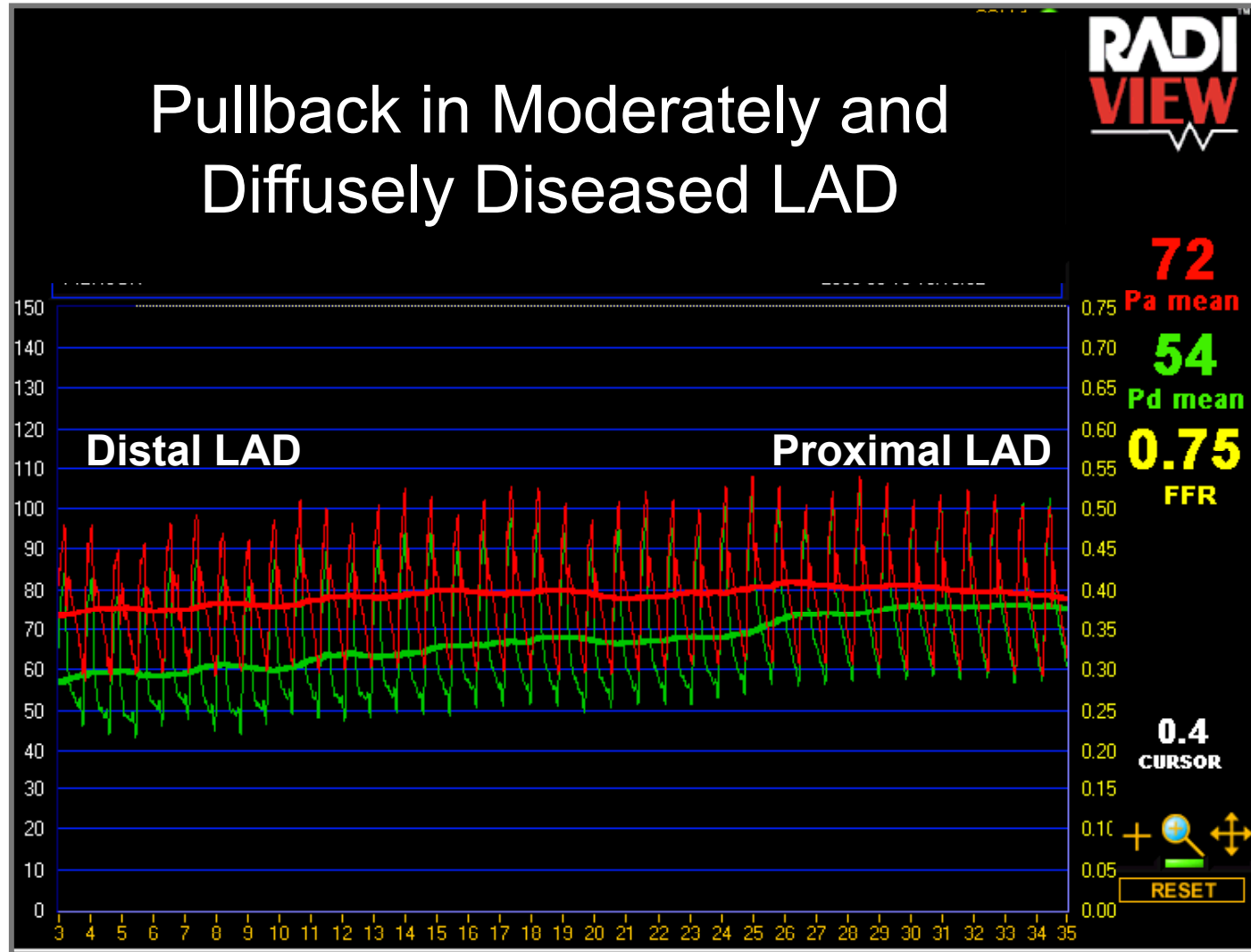
*FFR measured in 37 arteries in 10 patients without CAD and in 107 nonstenotic adjacent arteries in 62 patients with CAD*

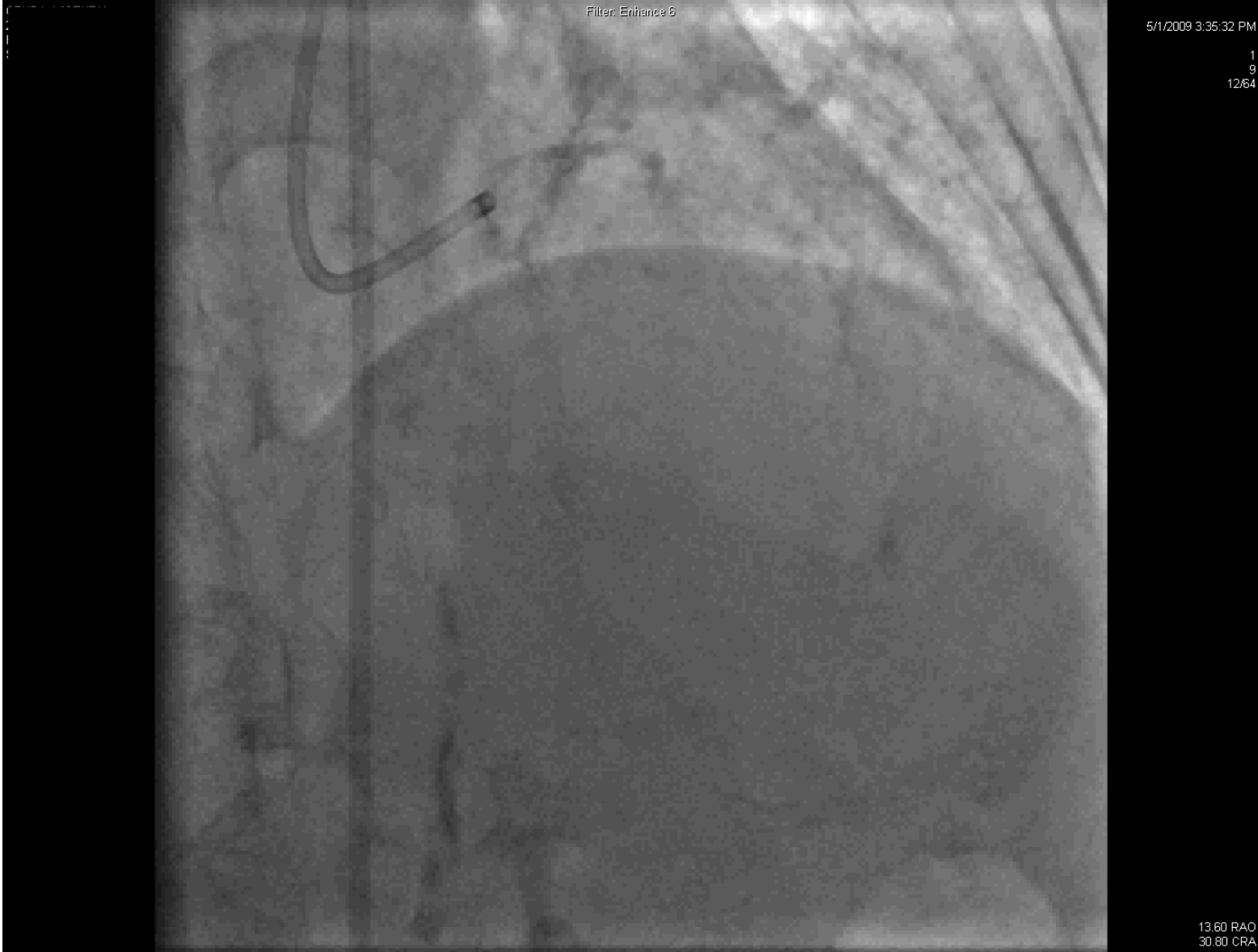


# FFR Pullback

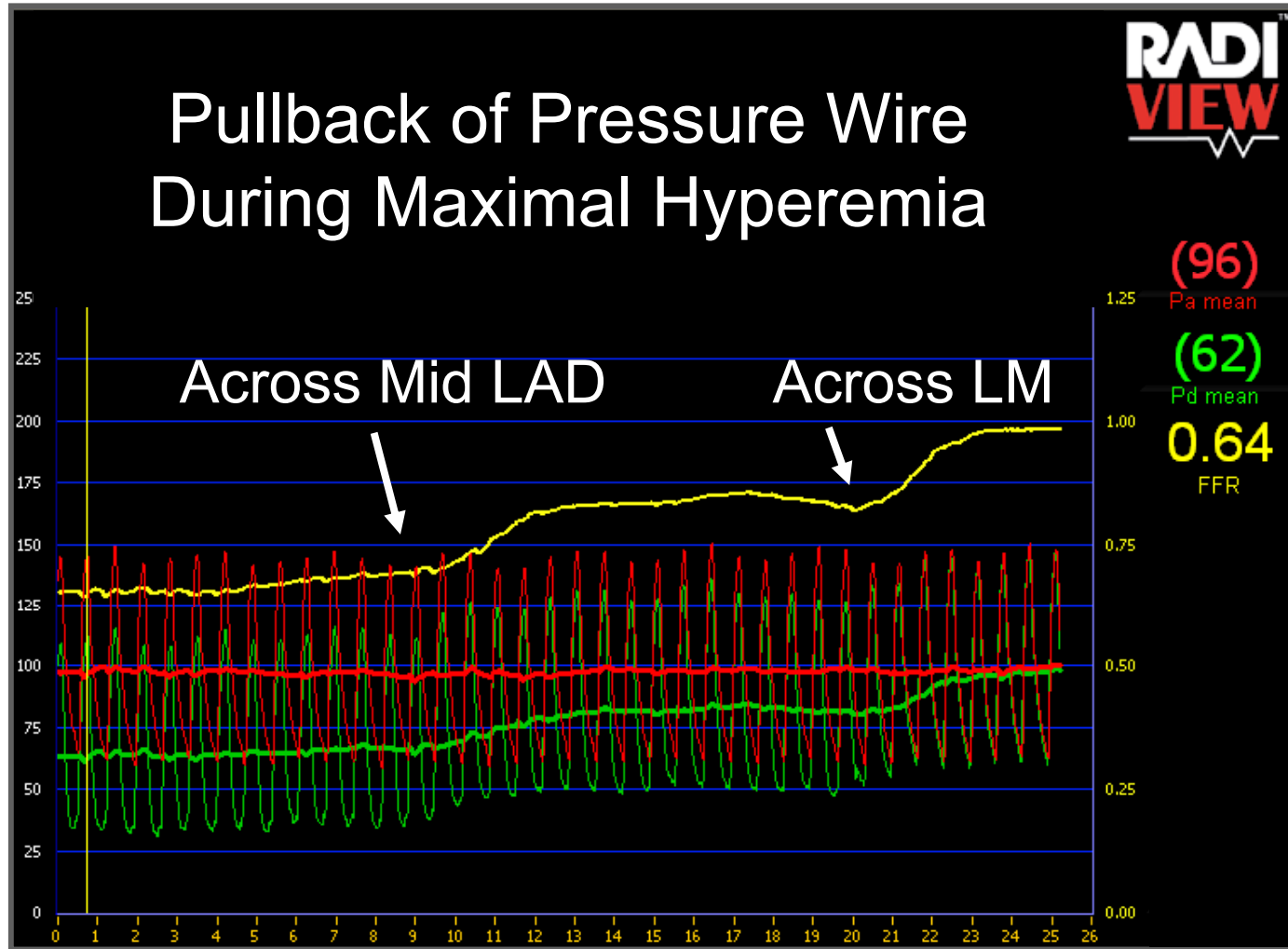


# FFR Pullback

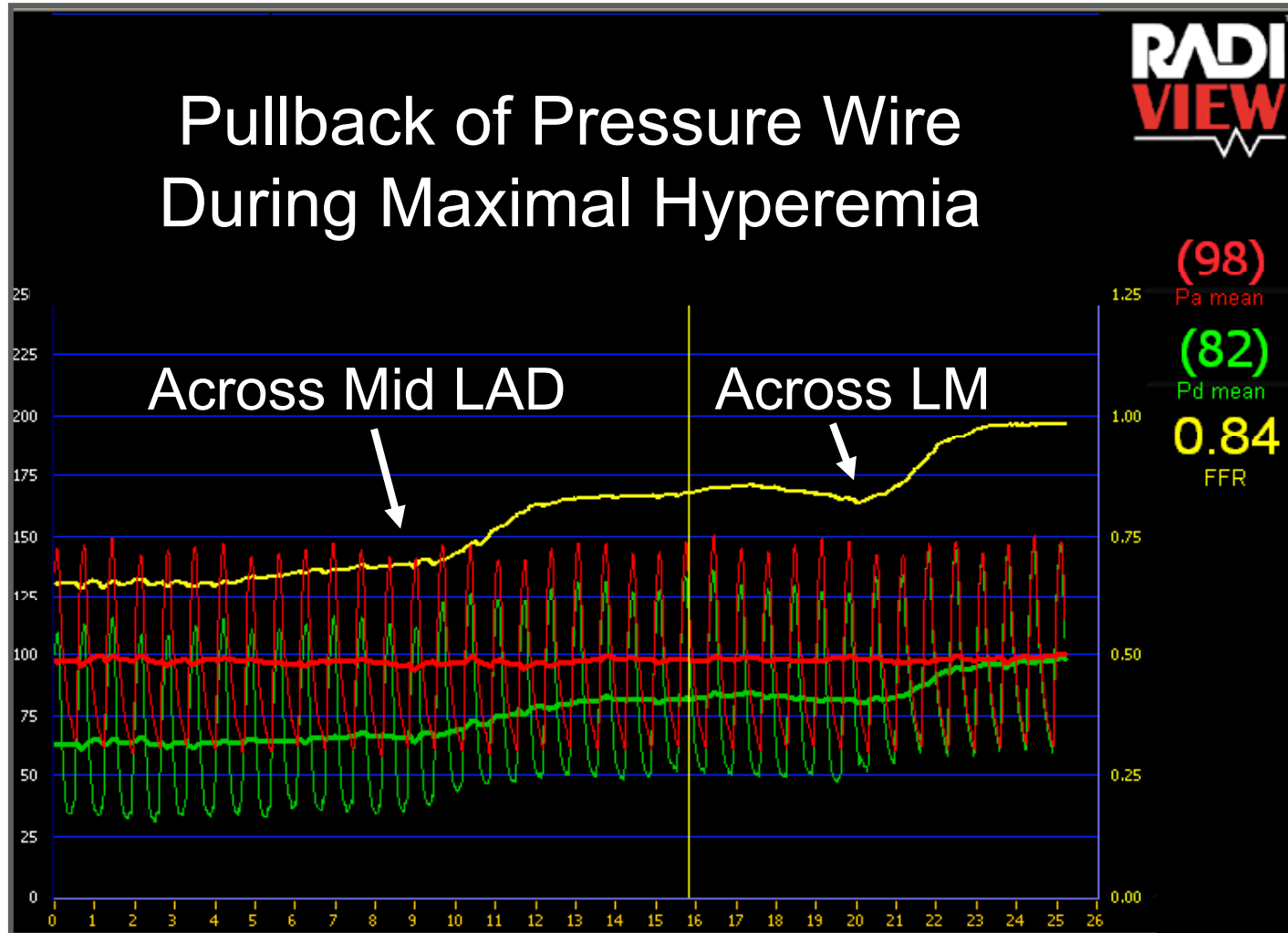




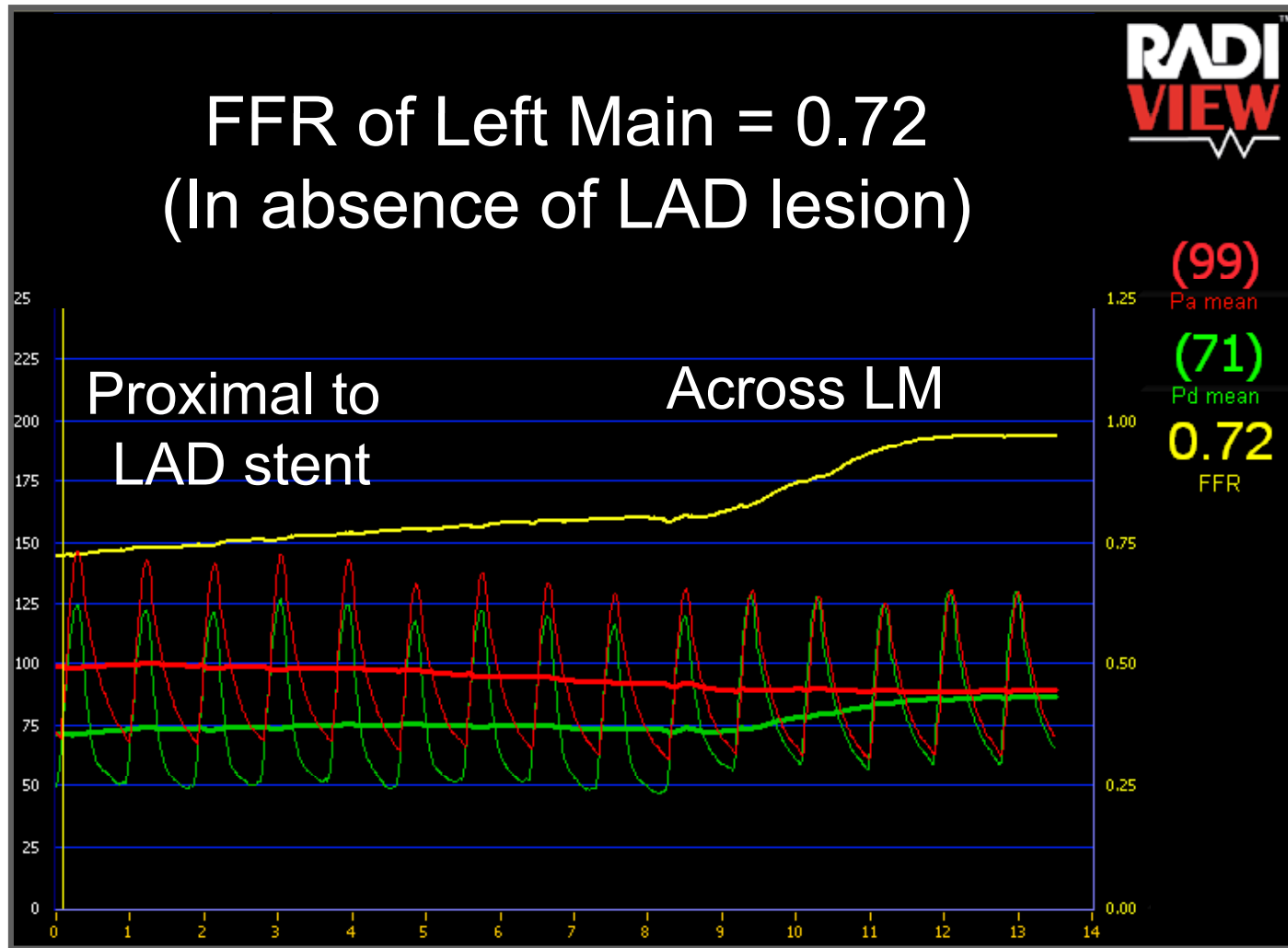
# FFR in Tandem Lesions



# FFR in Tandem Lesions

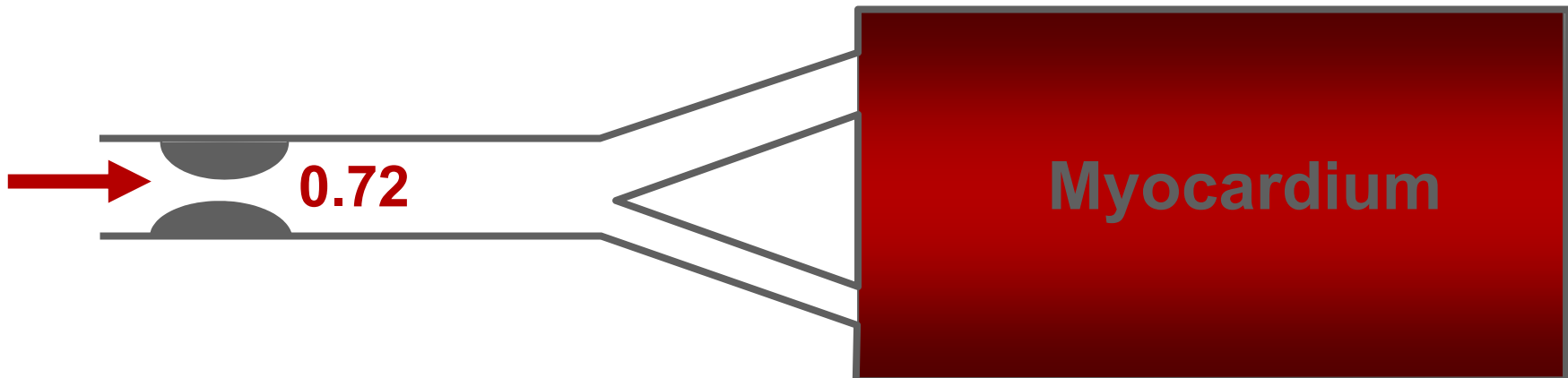
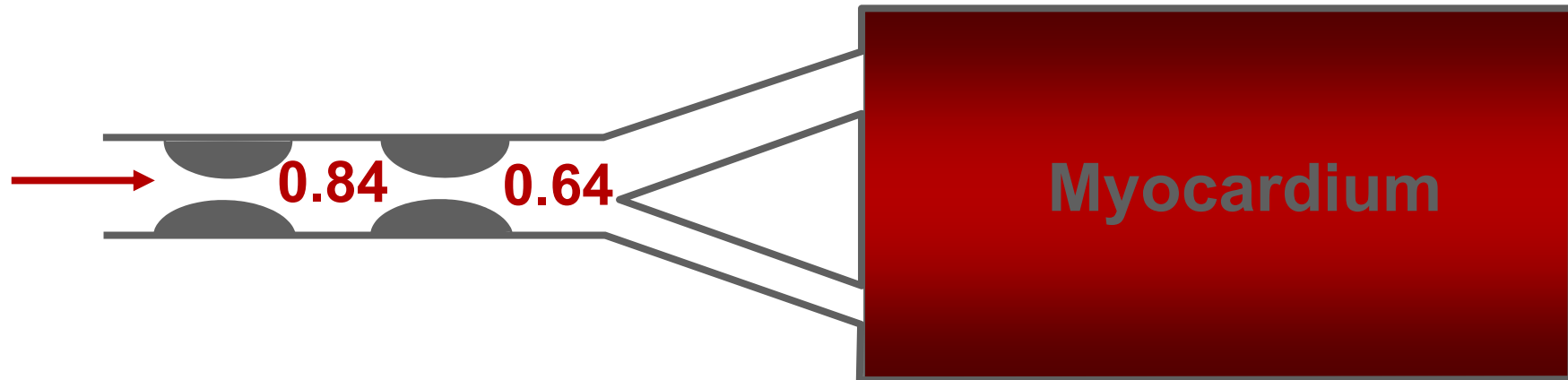


# FFR in Tandem Lesions



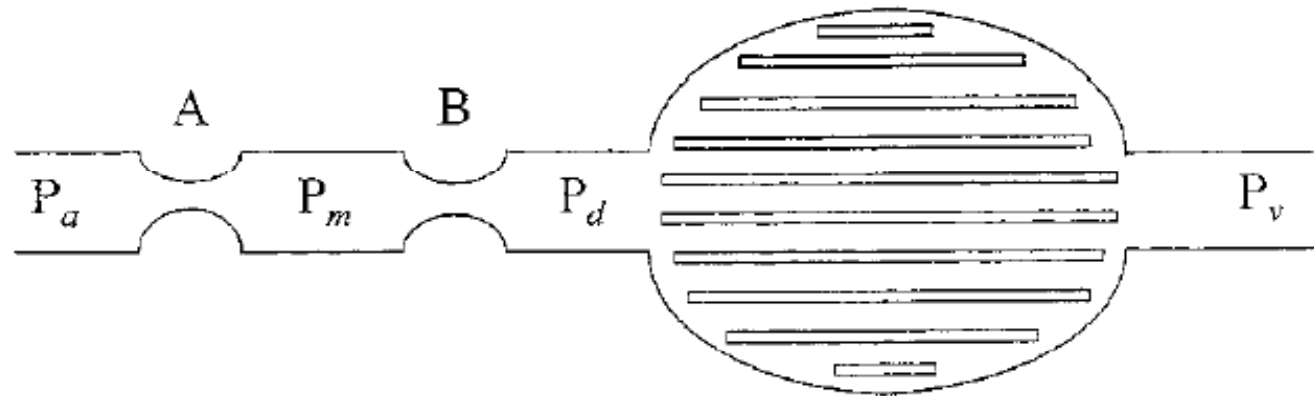


# Effect of Tandem Lesions



# Tandem Lesions

## *Scientific Aspects*



$$\text{FFR}(A)_{\text{pred}} = \frac{P_d - (P_m/P_a) P_w}{P_a - P_m + P_d - P_w}$$

$$\text{FFR}(B)_{\text{pred}} = 1 - \frac{(P_a - P_w)(P_m - P_d)}{P_a(P_m - P_w)}$$

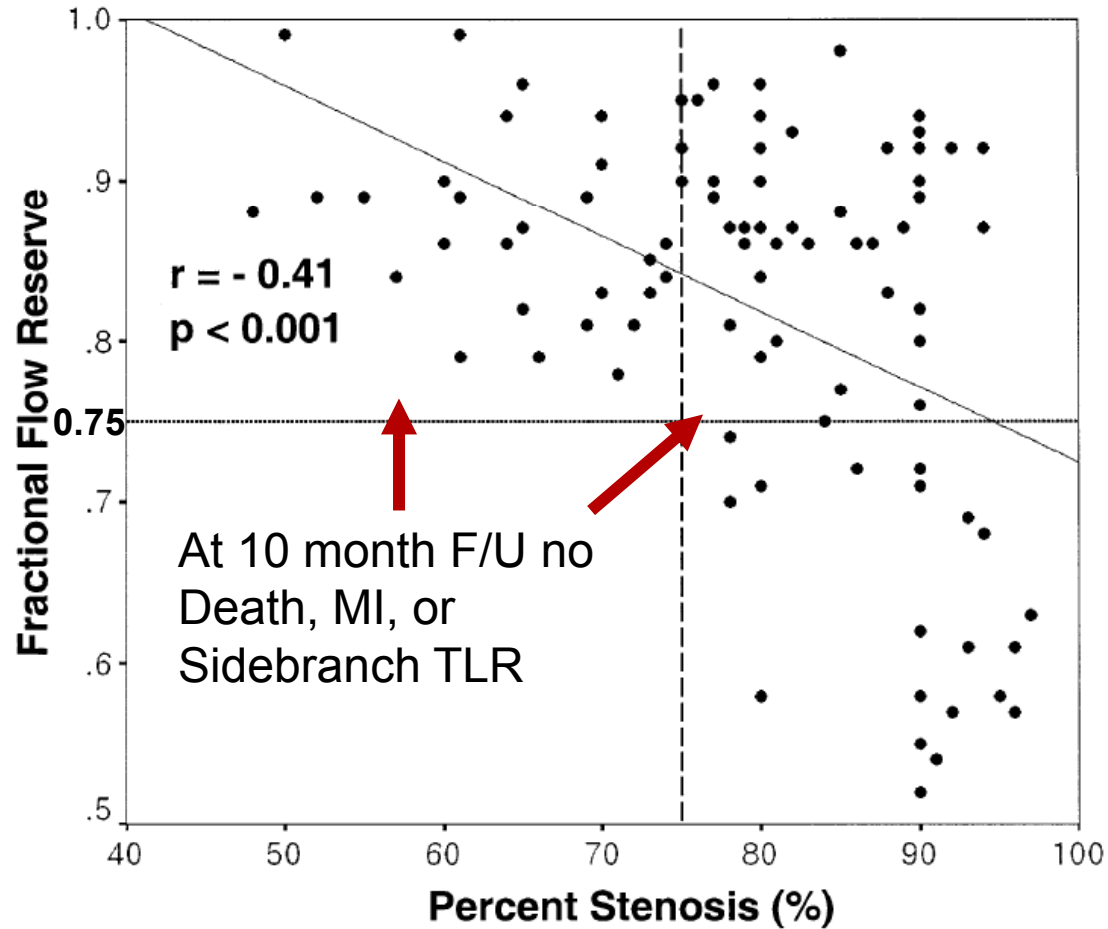
De Bruyne, et al. Circulation 2000;101:1840-7.

Pijls, et al. Circulation 2000;102:2371-7.



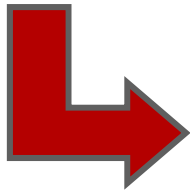
# Bifurcation Lesions

## *FFR in 97 "Jailed" Side Branches*

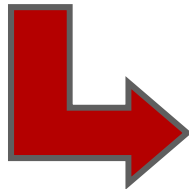


# Acute Microvascular Damage and FFR

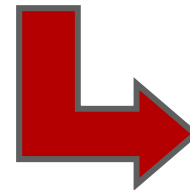
*STEMI*



*Variable Degree of  
Reversible Microvascular  
Stunning*



*Maximum Achievable  
Flow is Less*



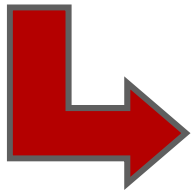
*Smaller Gradient and  
Higher FFR across  
Any Given Stenosis*

*With time, the microvasculature may recover, maximum achievable flow may increase, and a larger gradient with a lower FFR may be measured across a given stenosis*

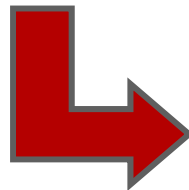


# Chronic Microvascular Damage and FFR

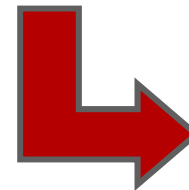
*Old Myocardial  
Infarction*



*Irreversible Microvascular  
Damage*



*Maximum Achievable  
Flow is Less*



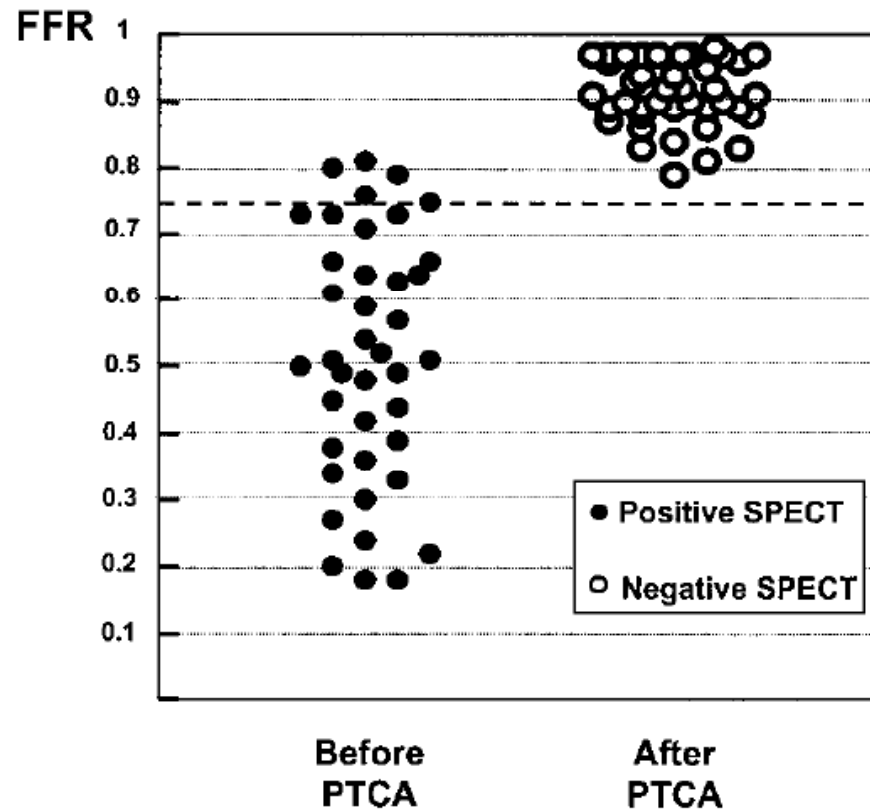
*Smaller Gradient and  
Higher FFR across  
Any Given Stenosis*

*In the setting of chronic microvascular dysfunction, the higher FFR is not falsely elevated, but reflects the smaller amount of viable myocardium supplied by the vessel and still provides information about the expected gain in flow after PCI*



# FFR in Chronic MI (Culprit Vessel)

**Comparison of FFR in 57 patients with an MI  $\geq 6$  days old to SPECT imaging before and after PCI**



	MIBI + n = 40	MIBI - n = 40
FFR $\geq 0.75$ n = 45	5	40
FFR $< 0.75$ n = 35	35	0

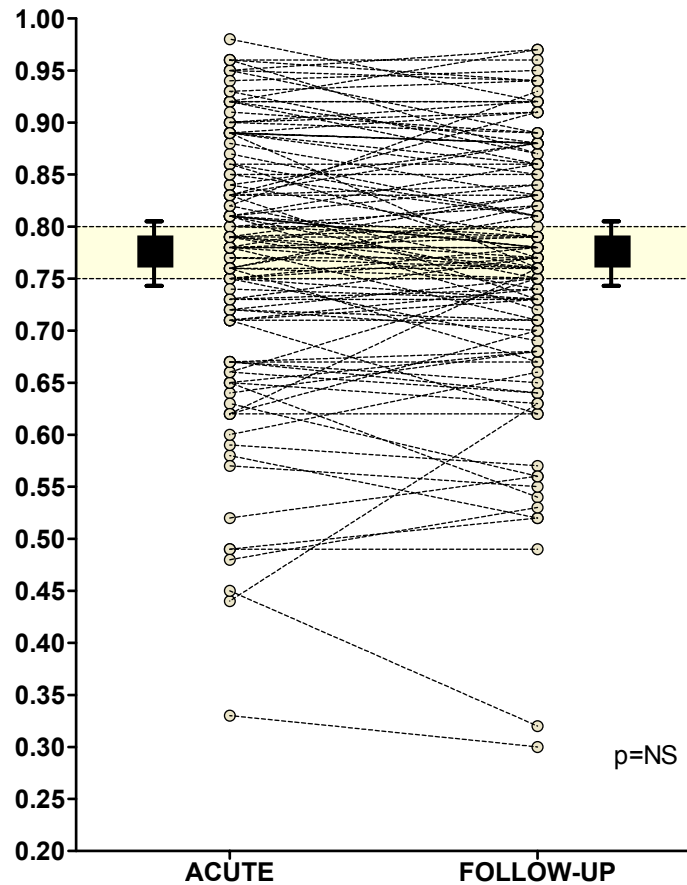
Concordance = 94%

$\kappa = 0.87$ ;  $P < 0.0001$



# FFR STEMI (Non-Culprit Vessels)

- 101 patients with an acute coronary syndrome
- 112 non culprit stenoses measured acutely and  $35 \pm 24$  days later



*In only 2/112 stenoses was the FFR >0.80 during the ACS and <0.75 at follow-up.*



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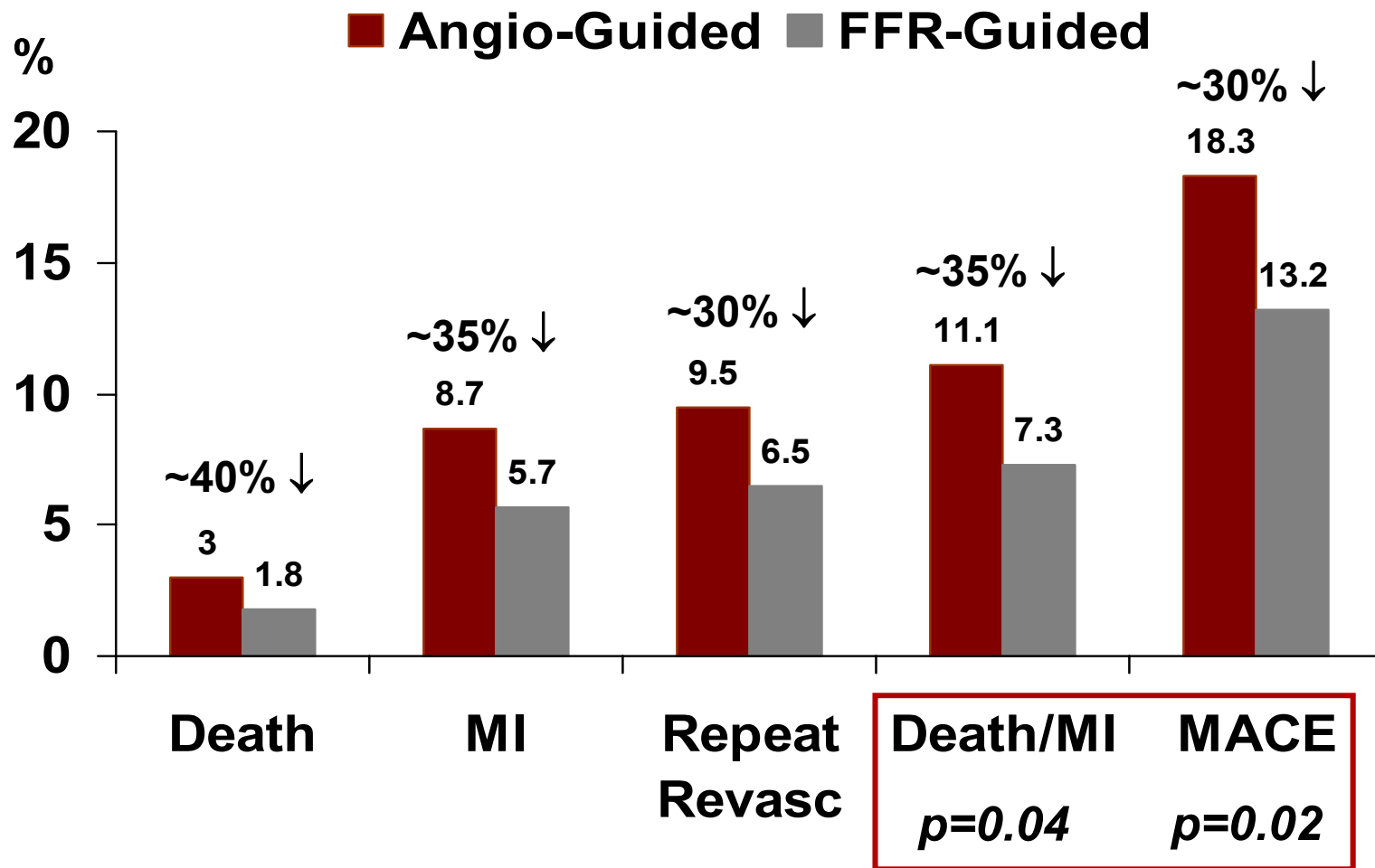
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  - FAME 3





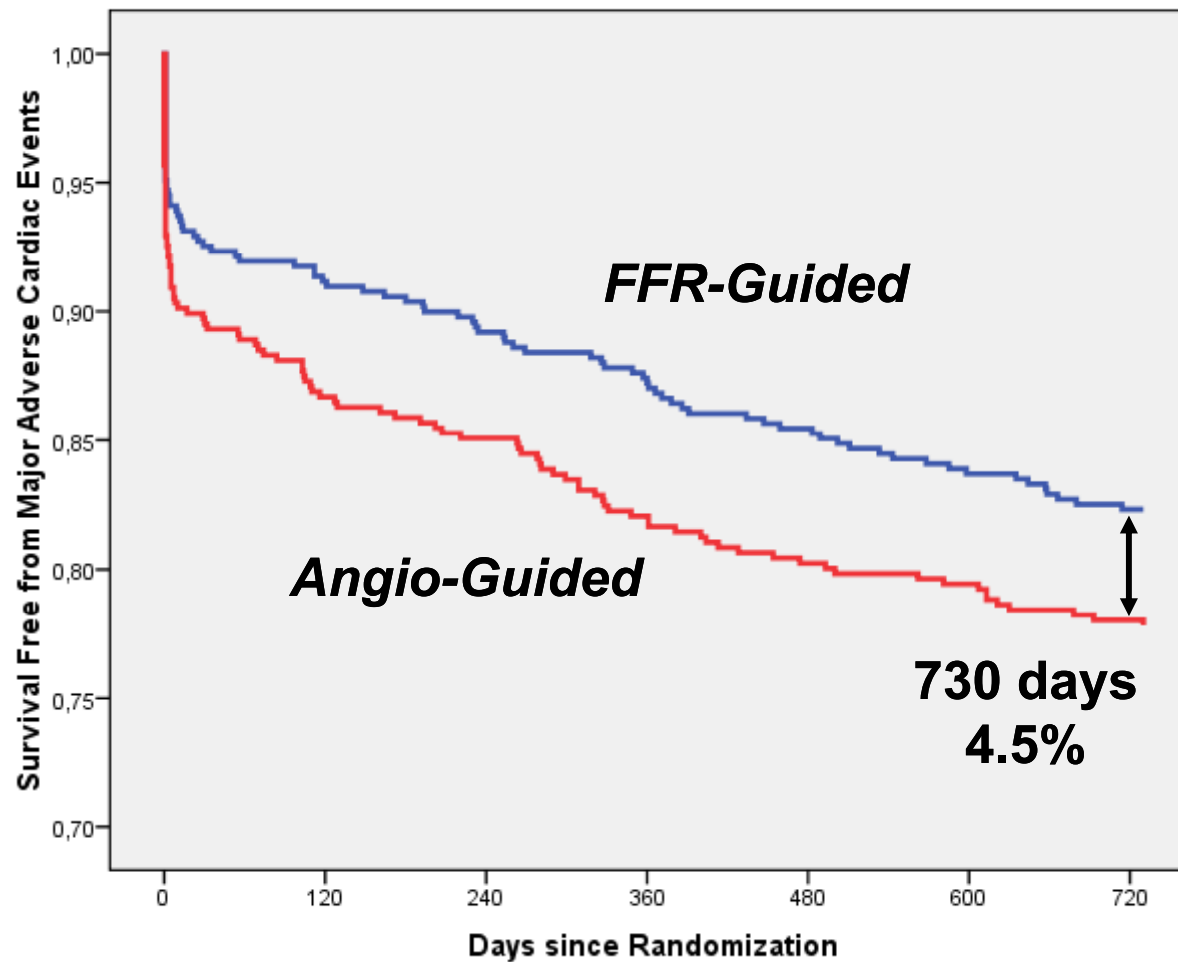
# FAME Study: One Year Outcomes



New Engl J Med 2009;360:213-24.

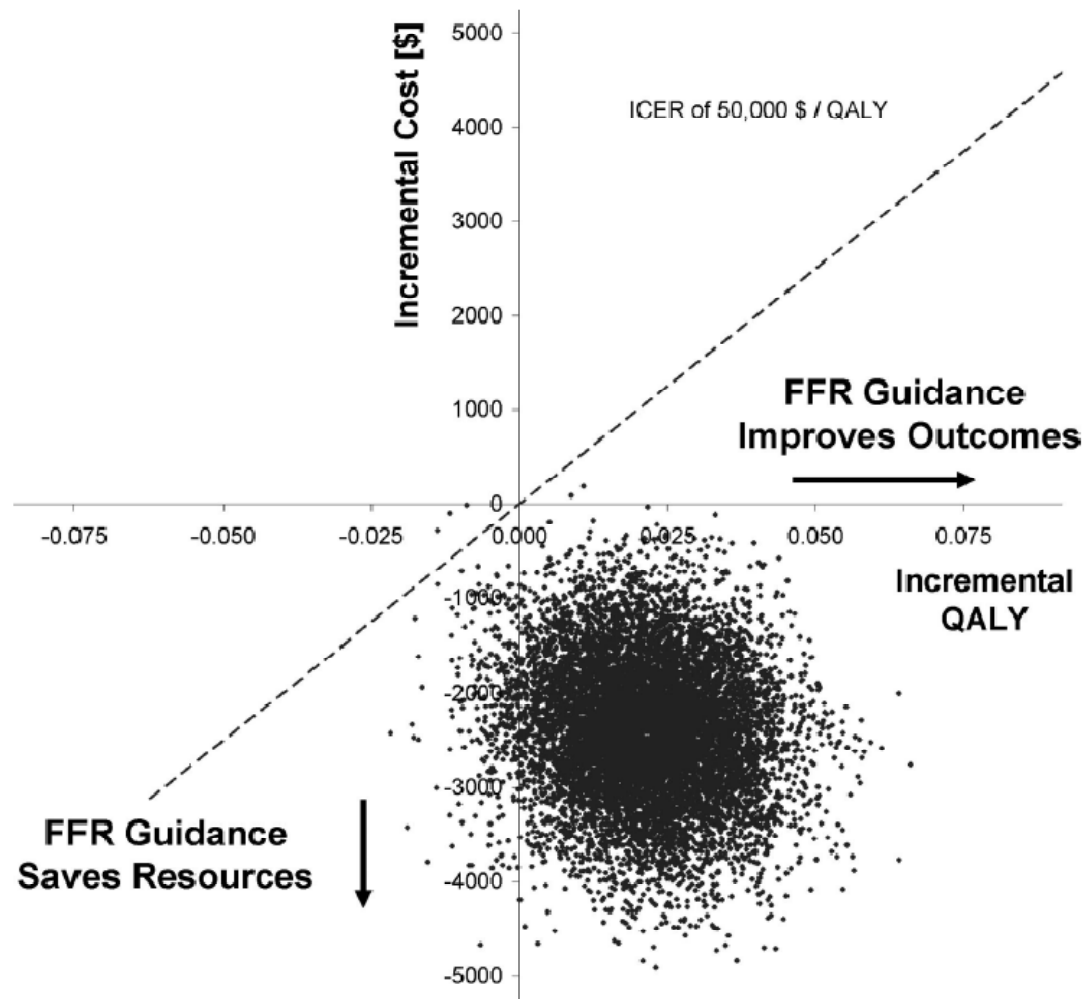


# FAME Study: Two Year Outcomes



# FAME: Economic Evaluation

## *Bootstrap Analysis*



***FFR-guided PCI saved >\$2,000 per patient at one year compared to Angio-guided PCI***



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# Anatomic vs. Functional CAD

Patients with angiographically 3VD (N=115), proportions per number of diseased vessels after assessment by FFR

***Angiographic  
3 Vessel  
Disease***



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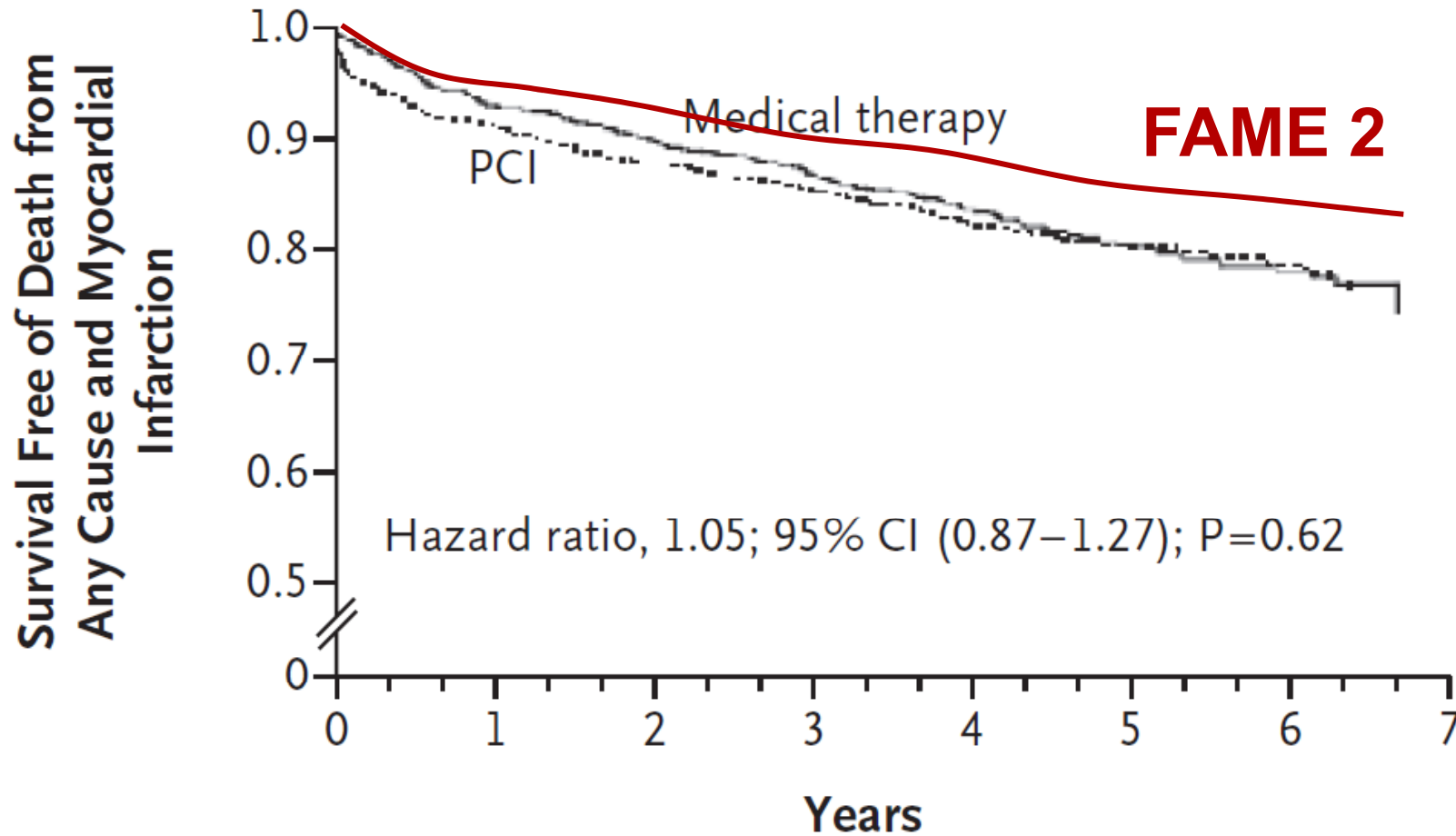
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# FAME 2

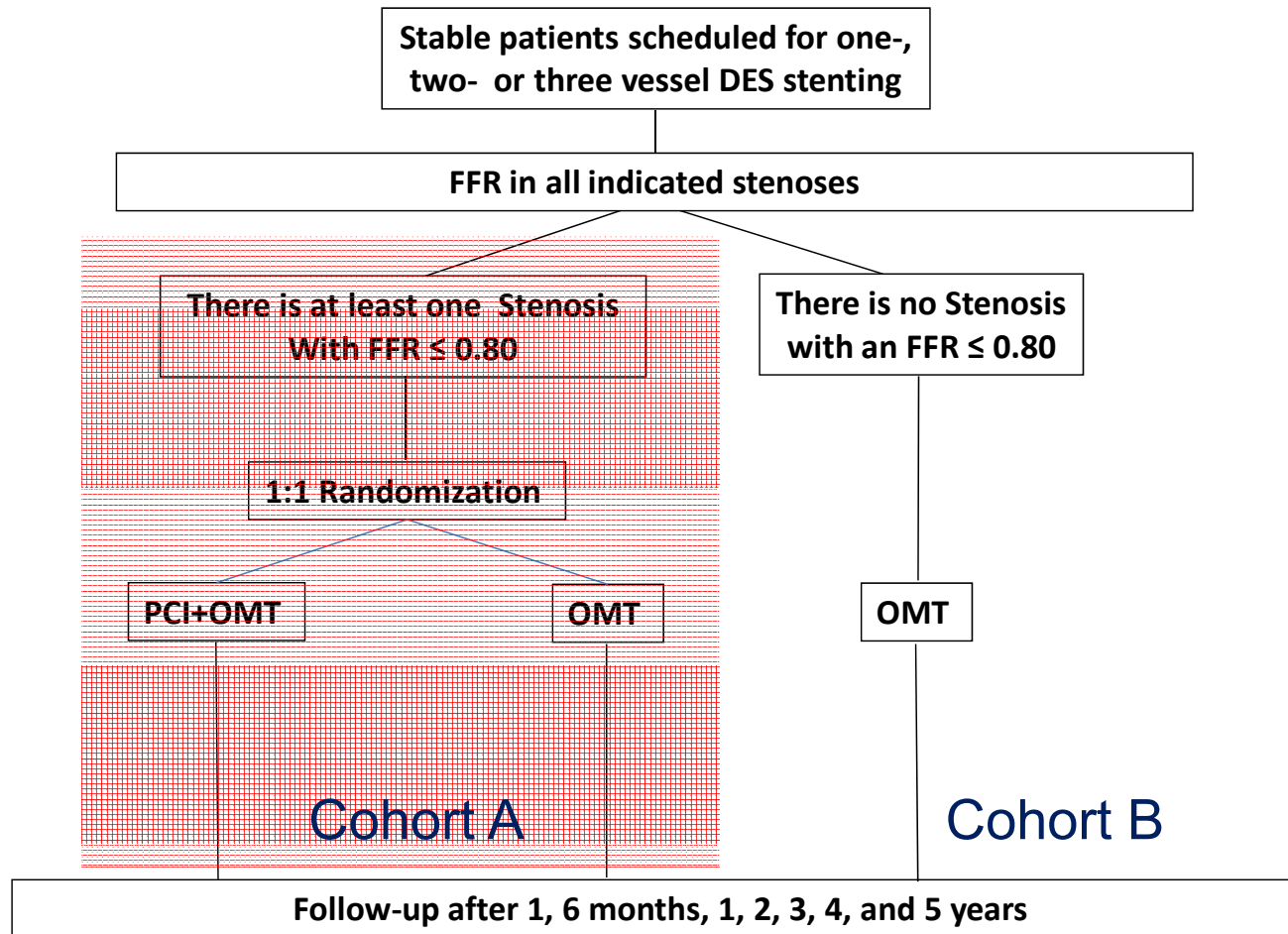
## Death and MI in the COURAGE study



Boden et al., New Engl J Med 2007;356:1503-16.



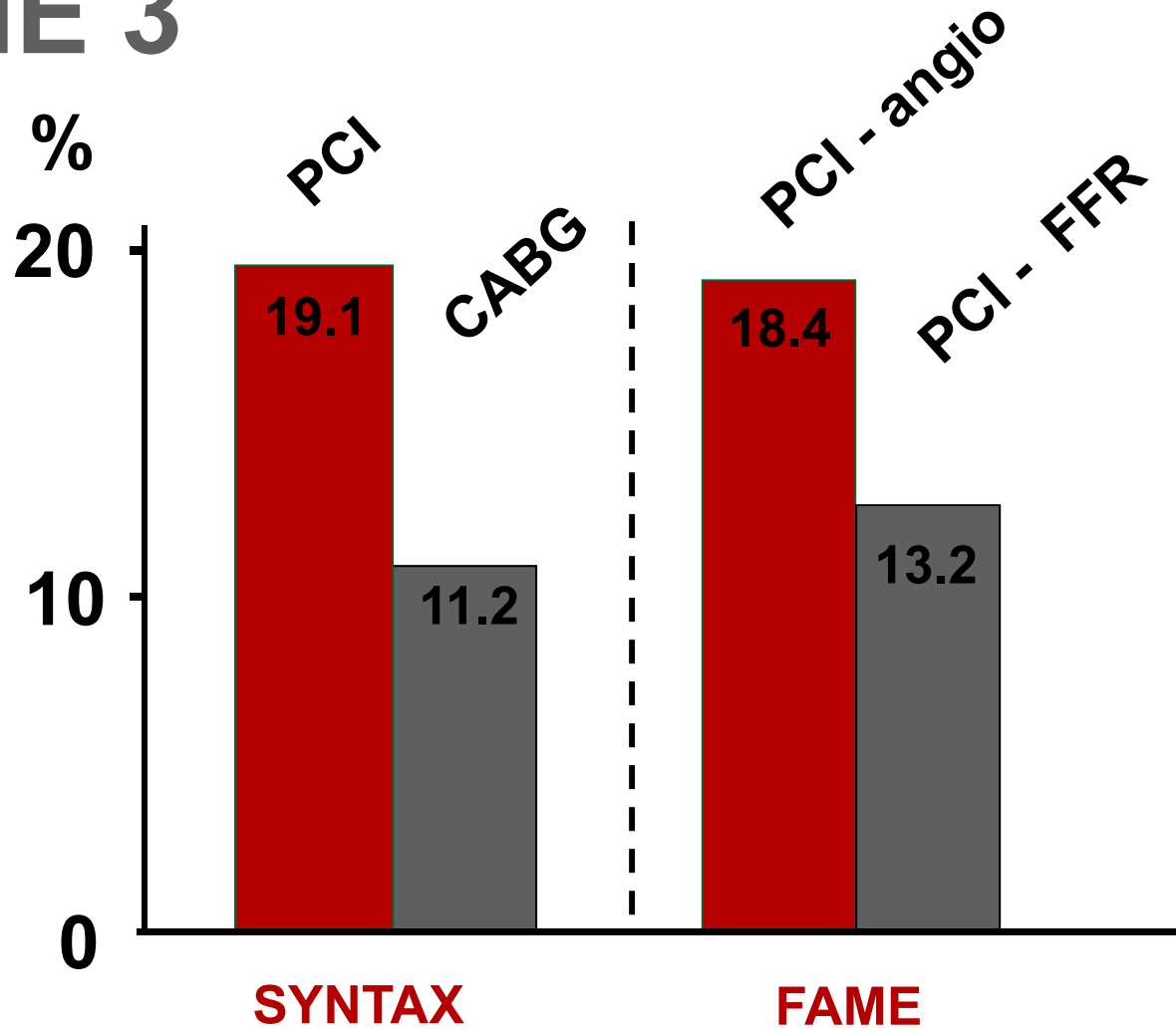
# FAME 2



**Primary Endpoint: Death, MI, Urgent TVR at 2 years**



# FAME 3



1 year MACE Rates





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# Summary:

***The numerous FFR clinical trials and applications have refocused PCI from “Anatomic Revascularization” to “Functional Revascularization” (i.e. stenting ischemic lesions and medically treating nonischemic ones)***

